

*John Hancock*

HOSTS THE

Cooking Light & Health

**FIT FOODIE**  
RACE WEEKEND

Contact:

Haley Messner, Fit Foodie Race Series

[Messner@fastforwardevents.com](mailto:Messner@fastforwardevents.com)

619-312-1212

Raina Dembner, Cooking Light and Health

[Raina.Dembner@timeinc.com](mailto:Raina.Dembner@timeinc.com)

212-522-4305

**FOR IMMEDIATE RELEASE:**

**CELEBRITY CHEF JENNIFER CARROLL JOINS JOHN HANCOCK HOSTS THE COOKING LIGHT & HEALTH FIT FOODIE RACE WEEKEND AS CULINARY HEADLINER**

*Former Top Chef Finalist To Provide Post 5K Race Culinary Demonstration In John Hancock Vitality Village, Joining All Star Lineup Of Participating Chefs, May 21, 2016*

**New York, NY & San Diego, CA (April 6, 2016)** – [John Hancock Hosts The Cooking Light & Health Fit Foodie Race Weekend](#), the most delicious race ever, welcomes Chef [Jennifer Carroll](#) as a culinary headliner to the race weekend, held in Fairfax, Virginia at Mosaic, May 20-22. Chef Carroll, Chef and Partner at [Requin](#), and a finalist and fan favorite on the sixth season of Bravo's Top Chef, rounds out an impressive lineup of chefs participating in the three-day food and fitness focused event.

Upon crossing the 5K finish line, enter the John Hancock Vitality Village, an exciting celebration chock-full of delicious food and beverage samples from celebrity chefs, exciting culinary demonstrations from Cooking Light personalities, and mini fitness classes led by acclaimed professionals. Inside the village, Chef Carroll heats up the culinary stage, showcasing her seafood-focused French Mediterranean cuisine. Taste, sip and indulge throughout the village and enjoy bites from Chef Carroll's restaurant Requin.

Also featured on the culinary stage, Cooking Light Executive Editor [Ann Pittman](#) creates delicious recipes from her new cookbook – *Everyday Whole Grains*. The gratifying rewards continue as popular Washington, D.C. chefs dish out bites to runners. Participating chefs, include: [John Critchley](#), Executive Chef, Brine, located in Mosaic; [John Melfi](#), Executive Chef, Oval Room Restaurant; [Peter McCall](#), Executive Chef, 703 Bar + Kitchen and [John Mooney](#), Executive Chef and Partner, Bidwell Restaurant.

Calories are both burned and earned at the three-day Fit Foodie! Kick off the weekend at Party With A Purpose on Friday, May 20 and fuel up for race day with yummy bites from True Food Kitchen, mix and mingle with the editors of Cooking Light and Health and have the chance to take home some serious swag. For an added bonus, bring those old, tired tennies as a donation to [Souls4Soles](#).

The Fit Foodie Weekend concludes on Sunday, May 22 with a calorie-torching Sweat Session. This circuit kicks cardio into high gear with an intense workout suitable for all fitness levels. After the workout, head to the refresh station to refuel and replenish in typical mouthwatering Fit Foodie fashion – you earned it.

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Race registration for John Hancock Hosts The Cooking Light & Health Fit Foodie Race Weekend in Fairfax, Virginia, is now available at [www.fitfoodierun.com](http://www.fitfoodierun.com). John Hancock Hosts The Cooking Light & Health Fit Foodie Race Weekend is a production of Fast Forward, based in San Diego, CA.

**ABOUT JOHN HANCOCK HOSTS THE COOKING LIGHT & HEALTH FIT FOODIE RACE WEEKEND:**

John Hancock Hosts The Cooking Light & Health Fit Foodie Race Weekend event series is the ultimate weekend celebration of food, fitness and fun. In 2016, the race series will be held in Fairfax, Virginia; Austin, Texas; Tampa, Florida; and San Diego, California. The weekend includes a Friday night pre-race party and Saturday morning race concluding at the John Hancock Vitality Village, chock-full of delicious food and beverage samples, exciting culinary demonstrations from Cooking Light personalities, and mini fitness classes led by acclaimed professionals. The weekend concludes on Sunday with a calorie-torching workout complete with a refresh station to refuel and replenish immediately following. For more information, visit [www.fitfoodierun.com](http://www.fitfoodierun.com), or follow the Fit Foodie Race Series on [Facebook](#), [Twitter](#) and [Instagram](#). John Hancock Hosts The Cooking Light & Health Fit Foodie Race Weekend is produced by Fast Forward. For more information, call 619-312-1212.

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